

July 2023 Momiji & Community Information

Organization	Resource/Update	Contact Information
Momiji x Yee Hong x JSS	Upcoming JSS & Momiji Wed. e-Learning Series - July 12: Road Safety for Drivers 高運転者の安全について学ぼう 3-4:15 pm (EN & JP 日英両言語) - Jun 28: Grief & Grief Literacy 101 グリーフ（喪失）について学ぼう 3-4:15 pm (EN with JP interpreter 日本語通訳付) - Aug 9: Tips for Handling Your Hand Arthritis 手関節炎：症状と対処法について学ぶ 3-4 pm (in EN 英語のみ)	marinel@momiji.on.ca Marinel: 416-261-6683 x.249 *Click each link to register on the language setting with Japanese display *Click here for past recordings 過去の講座の録音リンクよりアクセス可。
Momiji – SALC	SALC (Seniors Active Living Centre) Programs Community members are welcome to join in-person/online!! Contact SALC if difficult to access the link. See our monthly Momiji calendar! 地域の方も、Zoom・対面参加 大歓迎！リンクアクセスが難しい場合はSALCまで。 月ごとのモミジ・アクティビティ・カレンダー を参考にしてください。	salc@momiji.on.ca Yuki: 416-261-6683 x.249 *Register for first time at 回は要登録
Momiji – IT Support for Seniors	Seniors, IT & Beyond – Cont'd 対面IT個別サポート、継続へ One-on-one session (Tue/Fri) available by the volunteers via the link or at Chie. Servicing via Zoom is partially available. ボランティアによる個別相談（火曜は英語のみ、金曜は日英）の予約は右のリンクから、またはChieまで。遠方の方などZoomでのサービス提供も一部可能。	Momiji: 416-261-6683 Chie: x.249 ciw@momiji.on.ca Booking Link 予約リンク
Momiji – Toriichi Bento Fundraising: May 17	 <p>Toriichi Bento Fundraising *Order by Fri. July 7 at noon *Pick-up at Momiji on Wed. July 12 (3:00-5:30 pm)</p> <p>See the Flyer</p>	fundraising@momiji.on.ca 416-261-6683 x.259 Order by Fri. July 7, noon 7/12受取分は7/7正午まで
Momiji – <u>To All Applicants</u> モミジ申請者へ	Season of Momiji Applicant Annual Survey was mailed out! **Mandatory submission!!: 提出が必須になりました！ Momiji Applicants (applied before Mar 2023): If you haven't, make sure to send the filled form ASAP. 今年3月以前に申請した入居申請者対象の年次質問票) : まだの方は即提出を。	ciw@momiji.on.ca Chie: 416-261-6683 x.249 Fax: 416-261-6601 - Contact Chie if you have it. 票が届いていない人へ

<p>Momiji x LTCH TOUR: Yee Hong Centre (Finch-Scarborough)</p>	<p>July 18 - LTCH Tour: Yee Hong Centre (Finch-Scarborough) 9:30-11 am @ 60 Scottfield Dr. Scarborough See the flyer / ちらしはこちら *in EN & JP 日英で提供</p> <p>We will tour this facility with a designated unit for Japanese descendants (Japanese Unit). RSVP required, limited space available. Transportation may be available (for a fee).</p> <p>このロングタームケアホーム（LTCH）は日本人ユニットがあります。定員あり・要事前予約。有料送迎サービス応相談。</p>	<p>RSVP at Chie (x.249) / I (x.244) ciw@momiji.on.ca 416-261-6683</p> <p>*ロングタームケアホームなご相談は、お気軽にChie (士) まで。Contact Chie (social worker) if you are in learning about long-te homes.</p>
<p>Momiji – Community Congregation Dinning 地域での昼食会</p>	<p>Join our Community Luncheons!! 地域での昼食会のご案内</p> <p>Regularly held in GTA for Japanese community members (60+) to gather, enjoy activities and socialize over delicious Japanese bento and snack. GTA各地で日本の弁当・お菓子、アクティビティやおしゃべりを楽しむ会（60歳以上の日本人）</p>	<p>communityservices@mc 416-261-6683 x.234 *Pre-registration require *Flyer (in EN & JP)</p>
<p>JC Legacies – Community Fund – Deadline Approaching</p>	<p>Japanese Canadian Legacies: Community Fund (6 streams)</p> <p>**Scholarships application 1st due (July 14) is approaching! 6 streams of community funds are available. See the flyer and visit JCL website. Contact JCL for more details.</p>	<p>info@jclegacies.com (no phone number)</p>
<p>AST & NYSC (North York Senior Centre) – Caregiver Day</p>	<p>Event: CAREGIVER DAY Fri. July 14, 10 am – 3 pm Mindfulness deep breathing seated exercises, Self-care for care partners, Massages (by Seneca Collage Student), with morning refreshments and catered lunch. *Details</p>	<p>Location: 21 Hendon Av Toronto Call 416-733-4111 x.310 304 (Olu) to register</p>
<p>Ontario Caregiver Organization (OCO)</p>	<p>Online 4-Session Course: Powerful Tools for Caregivers Wed, July 12 to Aug 16, 10:30 am to noon (Zoom), targeting individuals caring a family member or friend with a chronic condition, to build the skills to take better care of themselves as they care for others. Turning the camera and audio on are required. *Website & RSVP (registration required)</p>	<p>info@ontariocaregiver.c 1-888-877-1626 / 416-3 ext.1032</p>
<p>Providence x Unity Health – Adult Day Program</p>	<p>Adult Day Program by Unity Health at Providence Health For day (7am-5pm), evening (3-11pm), overnight (9pm-9am), for individuals with memory loss or dementia diagnosis. Currently no wait time (but processing time), no catchment area system. Transportation may be available. 記憶障がい又は認知症診断を受けている人の為のデイサービス（日中・午</p>	<p>Providence Healthcare 416-285-3803 3276 St. Clair Ave. E., B 162 See the website / the fly **Transportation may be depending on the area 送迎サービス利用可の可能</p>

	後～夜・夜間)に現在空きあり(居住区関係なく利用可)。	
Alzheimer Society Toronto (AST)	<p>AST Scarborough Satellite Open House: 2658 Eglinton Ave. E Wed. July 5 at 11am–2pm, no registration required. Learn more about what AST offers over food and music! *Details</p> <p>Monthly Group: East End Friends Thu. July 27 at 1-3 pm at Mid-Scarborough Hub. In-person social/recreation program for person with dementia & their care partners. Refreshment served. *Details & RSVP</p> <p>Alzeducate Webinar: Dementia 101 Tue. July 11 at 10–11 am. Overview of Alzheimer’s disease focusing on the importance of early diagnosis. Targeting family caregivers to a person with dementia. *Details & RSVP</p> <p>Alzeducate Webinar: Dementia 102 – Supportive Communication Thu. July 13 at 2–3 pm for general public. *Details & RSVP</p> <p>Care Partner (family/friends) Training: U-First! Framework Tues, Aug 1-22, 10am-noon. Weekly program (4 sessions) via Zoom for those who are supporting family/friend with behavioural changes as a result of dementia or other cognitive impairment. *Details & RSVP **RSVP due: July 14</p>	<p>Alzheimer Society of Tor 416-322-6560 / write@alzheimer.ca</p> <p>AST Mid-Scarborough Hub Eglinton Ave. E.</p> <p><u>For Alzeducate webinar</u> You will need to have/cr account, to register and</p> <p>For Free Cognitive Assessment Sangeeta Semwal, 416- / DACstudy@alz.to</p>

*Please note: Please contact each agency for their event. 申込や問い合わせは各提供団体へ

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Intervention Worker. モミジのクライアント・インターベンション・ワーカー (Chie) からのマンスリーニュースレターを今後受け取りたくない場合は、このメールに返信し、「unsubscribe」または、リストからのアドレス消去を希望される旨お書き添えください。

Chie Takano Reeves (高野千恵) , RSW

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